

CURRICULUM MAP – KS3 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Identity. Peer Pressure. Religious Beliefs & Practises. British Values. Extremism & Radicalisation. Discrimination, Stereotyping. Equality & Diversity. What is Health & Wellbeing/Factors that Impact Health.	Healthy Eating. Toothcare. Exercise. Alcohol Use. Drug Misuse. Smoking & Vaping Risks. Money & Health. Benefits of Sleep. Personal Hygiene. Puberty & Personal Hygiene. Infection Control. Mental Wellbeing.	Personal Safety. Reducing the Personal Risks of Spiking & Street Crimes. Knife Crime. Joint Enterprise. Conflict Resolution. Types of Abuse. Sexual Harassment. Child on Child Abuse. Consent. Grooming. Coercive & Controlling Behaviour.	CCE & County Lines. Forced Marriage, Honour Based Violence & FGM. Road Safety. Travel Safety. Anti-Social Behaviour Home & Fire Safety. Water Safety. Sun Safety. Basic First Aid. Characteristics of Common Health Conditions.	Being New. Making & Maintaining Friendships. Bullying. Racism & Hate Crime. Harmful Behaviour Online. Cyber Bullying. Sending Nudes/Sextortion. Social Media Ban. Online Gambling. Protecting Personal Data. Harmful Content. Illegal Activities Online. Cyber Stalking.	Body Image, Self-Esteem & Social Media. Challenging Media Stereotypes. Misogyny. Celebrity Influence. Deep Fakes & AI. Digital Resilience. Positive & Negative Effects of Social Media. Career Choices & Progression Options.

CURRICULUM MAP – Year 10 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Measuring Alcohol. Societal Impact of Alcohol. Effects of Alcohol Use. Alcohol Dependency. Help and Advice for Alcohol Concerns. Alcohol Poisoning. Peer Pressure & Alcohol. Categorising Illegal Drugs. Psychoactive Substances. Spiking.	Correct Prescription Medication Usage/Risks. Drug Dependency. Drugs and the Law. Risks of Illegal Drug Use. Cannabis & the Teenage Brain Cannabis/THC Vaping Risks Effects of Smoking/Vaping. Societal Impact of Smoking. Healthy & Unhealthy Relationships Traits Family Structures.	Marriage & Relationship Status' Ending Relationships. Bullying. Sexual Harassment. Child on Child Abuse. Consent. Forced Marriage & Honour Based Violence. Reporting Crime. Parenting Roles/Responsibilities. Conception, Fertility, Pregnancy & Development. Lifestyle Choices & Behaviours in Pregnancy. Loss During Pregnancy.	Human Rights. Discrimination. The Equality Act 2010. Upholding Rights. Belonging & Values – Community, British, Global. Respectful Behaviour Disrespectful Behaviour Anti-Social Behaviour Digital Citizenship. Online Safety Protecting Personal Data Social Media Ban.	Creating Laws. Types of Crime. The Role of Courts. Conviction Processes. Age of Responsibility. Police Powers. Offensive Weapons. Knife Crime. Child Criminal Exploitation. County Lines. Reporting Crime Anonymously.	Money Risks & Extortions. Risks of Debt. Methods of Payment. Introduction to Key Finance Terms. Tax & Payslips. The Purpose of Insurance. Career Ideas & Choices. Local Labour Market. Post 16 Options.

CURRICULUM MAP – Year 11 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to Career Sectors. Skills & Attributes for Work. Law at Work. Career Planning. Next Steps Planning. Local Labour Market. Employment versus Self Employment. Employment Rights & Responsibilities. Problem Solving/Resolution at Work. Sexual Harassment. What is Emotional Wellbeing? Emotions and Wellbeing. Common Mental Health Conditions. Stigma & Mental Health.	Factors that Impact Wellbeing. Indicators that Wellbeing may be in Decline. Wellbeing Tips & Treatments. Help/Advice Agencies. Wellbeing strategies Medication, Talking Therapies, Mindfulness Introduction to Sexual Health. Sexual Ethics & Pressure. Social Media Ban. Contraception. Emergency Contraception. Risks of Unprotected Sex. STIs – Symptoms, Treatments, Prevention. Accessing Sexual Health Support.	Sexual Health Misinformation. Pregnancy Choices. Consenting to Medical Treatment/Gillick Competence. Consent & Sexual Ethics Misogyny & Support for Self. Sending Nudes & Sextortion. Reporting an Illegal Sexual Act. British Values. Relationships. Parenting. Healthy & Unhealthy Relationships. Types of Abuse. Sexual Harassment. Coercive & Controlling Behaviour. Gaslighting.	Stalking. Grooming & Child Sexual Exploitation. Criminal Child Exploitation. County Lines. Radicalisation & Extremism. Honour Based Violence. FGM, Virginity Testing, Hymenoplasty. Hate Crime. Bullying. Pornography, Misogyny, Revenge Pornography. Consent. Managing Emotions. Resolving Conflict. Knife Crime. Joint Enterprise.	Water Safety. Gynaecological Health Self-Examination & Screening. Gillick Competence. ASDAN PSHE Portfolio Development & Completion.	Careers, Employability & Progression.