

CURRICULUM MAP – KS3 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Identity. Peer Pressure. Religious Beliefs & Practises. British Values. Extremism & Radicalisation. Discrimination, Stereotyping. Equality & Diversity.	Healthy Eating. Toothcare. Exercise. Screenshot. Alcohol Use. Drug Misuse. Smoking & Vaping Risks. Benefits of Sleep. Personal Hygiene. Puberty & Personal Hygiene. Infection Control. Mental Wellbeing.	Personal Safety. Reducing the Personal Risks of Spiking & Street Crimes. Knife Crime. Joint Enterprise. Conflict Resolution. Types of Abuse. Sexual Harassment. Child on Child Abuse. Consent. Grooming. Coercive & Controlling Behaviour. CCE & County Lines.	Forced Marriage, Honour Based Violence & FGM. Sending Nudes. Road Safety. Travel Safety. Anti-Social Behaviour Home & Fire Safety. Water Safety. Sun Safety. Basic First Aid. Characteristics of Common Health Conditions. Being New. Making & Maintaining Friendships.	Bullying. Racism. Hate Crime. Harmful Behaviour Online. Cyber Bullying. Sending Nudes. Online Gambling. Protecting Personal Data. Harmful Content. Illegal Activities Online. Cyber Stalking. Body Image, Self-Esteem & Social Media. Challenging Media Stereotypes.	Celebrity Influence. Deep Fakes & AI. Digital Resilience. Positive & Negative Effects of Social Media. Cyberbullying. Types of Crime. Crime Prevention. Discrimination. Hate Crime . Career Choices & Progression Options.

CURRICULUM MAP – Year 10 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Effects of Alcohol Use. Measuring Alcohol. Societal Impact of Alcohol. Alcohol Poisoning. Alcohol Dependency Help and Advice for Alcohol Concerns Peer Pressure & Alcohol. Effects of Illegal Drugs. Categorising Illegal Drugs. Psychoactive Substances.	Correct Prescription Medication Usage/Risks. Drug Dependency. Drugs and the Law. Cannabis & the Teenage Brain Cannabis/THC Vaping Risks Effects of Smoking/Vaping. Societal Impact of Smoking. Healthy & Unhealthy Relationships Traits Family Structures.	Marriage & Relationship Status' Ending Relationships. Bullying. Sexual Harassment. Child on Child Abuse. Consent. Forced Marriage & Honour Based Violence. Reporting Crime. Parenting Roles/Responsibilities. Conception, Fertility, Pregnancy & Development. Lifestyle Choices & Behaviours in Pregnancy Loss During Pregnancy	Human Rights. Discrimination. The Equality Act 2010. Responsibilities. Voting. Belonging & Values – Community, British, Global. Respectful Behaviour Disrespectful Behaviour Anti-Social Behaviour Digital Citizenship. Online Safety Protecting Personal Data	Introduction to Law & Order The Role of Courts. Types of Crimes. Conviction Processes. Age of Responsibility. Crime & Sentencing Outcomes. Police Powers. Offensive Weapons. Knife Crime. Child Criminal Exploitation.	County Lines. Reporting Crime Anonymously. Career Ideas & Choices. Local Labour Market. Post 16 Options. Money Risks & Extortions. Risks of Debt. Methods of Payment. Introduction to Key Finance Terms. Understanding Tax & Payslips. The Purpose of Insurance.

CURRICULUM MAP – Year 11 for PSHE/RSE

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Introduction to Career Sectors. Skills & Attributes for Work. Law at Work. Career Planning. Next Steps Planning. Local Labour Market. Employment versus Self Employment. Employment Rights & Responsibilities. Problem Solving/Resolution at Work. Sexual Harassment. What is Emotional Wellbeing? Emotions and Wellbeing.</p>	<p>Common Mental Health Conditions. Factors that Impact Wellbeing. Indicators that Wellbeing may be in Decline. Wellbeing Tips & Treatments. Help/Advice Agencies. Wellbeing strategies Medication, Talking Therapies, Mindfulness Introduction to Sexual Health. Contraception. Emergency Contraception. Risks of Unprotected Sex.</p>	<p>STIs – Symptoms, Treatments, Prevention. Sexual Health Misinformation. Pregnancy Choices. Accessing Sexual Health Support. Consent & Sexual Ethics. Sending Nudes. Sextortion. Reporting an Illegal Sexual Act. British Values. Parenting. Healthy & Unhealthy Relationships. Types of Abuse. Sexual Harassment. Child on Child Abuse. Coercive & Controlling Behaviour.</p>	<p>Stalking. Sending Nudes Grooming & Child Sexual Exploitation. Criminal Child Exploitation. County Lines. Radicalisation & Extremism. FGM, Virginity Testing, Hymenoplasty. Honour Based Violence. Hate Crime. Bullying. Pornography, Misogyny, Revenge Pornography. Consent. Managing Emotions. Resolving Conflict. Knife Crime. Joint Enterprise.</p>	<p>Water Safety. Self-Examination & Screening. Gillick Competence. ASDAN PSHE Portfolio Development & Completion.</p>	<p>Careers, Employability & Progression.</p>